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News

17th March

Mental health services come to Wimbledon Village



By Monica Charsley | 9 @CharsleyMonica1 Reporter - Merton and Sutton



The Family Treatment service recently opened in Wimbledon











A new private mental health practice has opened in the heart of Wimbledon Village.

The Family Treatment service, located on Church Road, offers mental health therapies from a team of psychologists, psychotherapists, nutritionists and more.

With **one in four** adults found to experience at least one diagnosable mental health problem in any given year, the family practice says services couldn't have come at a more important time.

Patients can benefit from free 15-minute consultations, book online with no regular commitments and choose from a broad range of services.

The multidisciplinary clinic features interiors designed to reflect the comfort of a home rather than a clinical treatment room.



Services include:

- -Family Therapy
- -Couples Therapy
- -Individual Therapy
- -Occupational Therapy
- -Child Psychology
- -Autism specialist services
- -Nutritional Therapy
- -Corporate and School Training
- -Workshops including 'How to support your child with an eating disorder', 'Autism Awareness' and 'Parental Separation'.

Clinical Director and Founder Jemma Meeson said: "We're delighted to have opened The Family Treatment Service in Wimbledon, to bring mental health services to the High Street has always been my ambition.

"The pandemic is having devastating effects on our mental health and demand for mental health services is at an all-time high.



"Sadly, Mental health is not something that can be fixed or prevented with a vaccine, it requires specialist treatment.

"We are here to let people know that effective, evidence-based treatment exists.

"We provide patients with swift access to specialist therapies, across all age groups.

"Offering flexibility and choice is incredibly important right now, we hope our clinic helps people make those vital connections quickly."

For more information visit here.